Parent Education

123 Magic

Fridays, Beginning March 29th, 1:30pm
This is a follow up to 123 Magic. Learn simple methods to encourage positive behaviors in children ages 18 months—12 years.
Great for both caregivers and educators!



Nurturing Parenting for Families in Recovery

Sundays, 6:00pm, Ongoing

These group-based workshops are ideal for partners of parenting adults in treatment and recovery, extended family who may be parenting children of substance abusing adults, and adults in treat-ment and/or recovery who are in parenting relationships with children.



Mondays, Beginning, April 1st 9:00am
No one is born knowing how to parent. It's something we learn growing
up, and sometimes we need a little support to become the parents we
wish to be. This class addresses basic skills for new parents, and
caregivers.



Active Parenting of Teens

Wednesdays, Beginning, April 24th 7:00pm
Active Parenting of Teens is a comprehensive parenting program for parents of preteens and teens. The skills you learn in this class will give you confidence and courage to meet the challeng-es—and savor the joys—of your children's teen years



Cooperative Parenting-Shielding Children from Conflict

Mondays, Beginning, April 22nd, 6:00pm This class helps divorcing parents learn to shield their children from conflict while establishing a positive co-parenting relationship.



Active Parenting: 4th Edition

Wednesdays, Beginning, April 3rd 10:00am Active Parenting 4th Edition is a comprehensive parenting program helping parents of kids ages 5 to 12 raise responsible, cooperative children who are able to resist negative peer pressure and thrive.





For more information contact Emily Rackliffe at (207)491-4248 or erackliffe@fcctf.org

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