

Parent Education



1,2,3 Magic– Fridays, January 27th and February 3rd 11:00am or February 24th and March 3rd 11:00am

Learn a simple method to help manage difficult behaviors in children ages 18 months– 12 years. Great for both caregivers and educators!

**Nurturing Parenting for Families in Recovery, Wednesdays, 12:00pm
Beginning February 8th**

These group-based workshops are ideal for partners of parenting adults in treatment and recovery, extended family who may be parenting children of substance abusing adults, and adults in treatment and/or recovery who are in parenting relationships with children.

Nurturing HOPE- , Wednesdays, 10:30am Began on January 18th **

Nurturing Parenting for Families Parenting Children with Special Needs and Health Challenges Families living with children with special needs and health challenges experience a profoundly personal journey. This nurturing parenting class offers parents support and strategies to successfully navigate the journey of parenting.

Nurturing Fathers, Mondays 8:00pm Began January 2nd **

A course for men, designed to teach parenting and nurturing skills that foster and support healthy family relationships and child development.

Cooperative Parenting– Tuesdays Beginning January 31st 10:30am

This class helps divorcing parents learn to shield their children from conflict while establishing a positive co-parenting relationship.

Active Parenting of Teens, February 27th at 7:00pm

Active Parenting of Teens is a comprehensive parenting program for parents of preteens and teens. The skills you learn in this class will give you confidence and courage to meet the challenges—and savor the joys—of your children's teen years.



Circle of Security– Mondays, 10:00am, Beginning February 6th

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. Circle of Security is based on decades of research about how secure parent-child relationships can be supported and strengthened. Our trained Facilitators work with parents and caregivers to help them to: Understand their child's emotional world by learning to read emotional needs, Support their child's ability to successfully manage emotions, Enhance the development of their child's self-esteem, and Honor the innate wisdom and desire for their child to be secure

Active Parenting: First Five Years– Beginning, February 3rd at 3:00pm

No one is born knowing how to parent. It's something we learn growing up, and sometimes we need a little support to become the parents we wish to be. This class addresses basic skills for new parents, and caregivers.

Active Parenting: 4th Edition- Beginning Wednesdays, February 8th at 1:30pm

Active Parenting 4th Edition is a comprehensive parenting program helping parents of kids ages 5 to 12 raise responsible, cooperative children who are able to resist negative peer pressure and thrive.

Circle of Parents– Online Support Group for Parents/Caregivers, Ongoing, Wednesdays, 7:00pm

This is a parent led opportunity for connection and support. Parents who come to Circle of Parents, count on each other to listen openly, respond honestly and always act with compassion.



** These classes can still be joined

For More Information contact Emily Rackliffe at
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