Summer 2020

Active Parenting: First Five Years

Tuesdays, August 18th- September 15th, 10:00am

No one is born knowing how to parent. It's something we learn growing up, and sometimes we need a little support to become the parents we wish to be. This class addresses basic skills for new parents, caregivers, and early childhood staff

123 Magic and More 123 Magic

Saturdays, August 8th and September 12th, 9:00am

1-2-3 Magic solutions and strategies that decrease negative behaviors and increase positive behaviors in children 2-12!

Nurturing Parenting for Families in Recovery

Sundays, Currently – August 30th, 5:00pm

These 17 group-based sessions are ideal for partners of parenting adults in treatment and recovery, extended family who may be parenting children of substance abusing adults, and adults in treatment and/or recovery who are in parenting relationships with children.

Nurturing Parenting- Dealing with Big Emotions

Tuesday, July 21st, 3:00pm

This single session workshop is aimed at helping caregivers understand and support children with big emotions. We will explore strategies for support, ways to encourage positive expression and effective discipline approaches

Active Parenting for Christian Families

Fridays, July 31st- September 4th, 1:00pm

This class provides the wisdom of the Bible with the evidence-based approach to give parents the strength and skills they need to raise upstanding children.

Surviving Your Adolescents

Tuesdays, July 28th – August 4th, 6:00pm

Surviving Your Adolescents gives parents a step-by-step approach that will help end the hassles and offer concrete solutions, providing a step-by-step approach to managing and "letting go" of your 13–18-year olds.

Registration is required.

Please call 207-778-6960 to talk with Emily to sign up ~ or register online at www.fcctf.org All workshops are FREE, and are offered ONLINE!