



## Why Supervised Visits Or Exchanges?

Both Supervised Visits and Supervised Exchanges are designed to assure that a child can have safe contact with an absent parent without having to be put in the middle of the parents' conflicts or other problems. It is the child's need that is paramount in making any decisions regarding supervision of the visit or the exchange.

However, there are also some significant benefits to parents. It is our hope that no one will look upon supervised visitation or exchange as a negative or stigmatized service. It is a tool that can help families as they go through difficult and/or transitional times. Some of the benefits for the various family members are as follows:

### For The Children:

Supervised Visits and Exchanges allow the children to maintain a relationship with both of their parents. They can anticipate the visits without the stress of worrying about what is going to happen, and enjoy their time in a safe, comfortable environment without being put in the middle of their parents' conflict and/or other problems.

### For the Parents or Guardians with whom the child resides:

The children's primary guardian can feel comfortable allowing their children to have contact with their non-residential parent. They can feel confident about the child's safety without having to communicate or have contact with a person with whom they are in conflict or by whom they might be frightened or intimidated.

### For the Non-Residential Parent or relative:

They can be sure that their contact with the children does not have to be interrupted regardless of any personal or interpersonal problems they may be having or conflicts with the children's caretaker(s). If allegations have been made against them, they can visit without fear of any new accusations because there is someone present who can verify what happened during their time together.



## Franklin County Children's Task Force

113 Church St.  
Farmington, Me 04938  
778-6960 or Toll Free 1-888-429-6960  
www.fctcf.org



### Mission Statement

The Franklin County Children's Task Force (FCCTF) is a private, not-for-profit corporation committed to strengthening families and preventing child abuse and neglect through mobilizing resources and advocating for and providing services that promote healthy children and families.



**United Way of  
The Tri-Valley Area**

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## SUPERVISED VISITATION & SAFE EXCHANGE PROGRAM



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# Questions Parents Ask

## What is Supervised Visitation

Supervised Visitation refers to contact between a non-custodial parent and one or more children in the presence of a third person responsible for observing and seeking to ensure the safety of those involved.



## What is Supervised Exchange?

Supervised Exchanges, sometimes referred to as "Monitored Exchanges" or "Supervised/Monitored Transfers", is supervision of the transfer of the child from one parent to the other. Supervision is limited to the exchange or transfer only with the remainder of the parent/child contact remaining unsupervised. Most frequently precautions are taken to assure that the two parents or other individuals exchanging the child do not come into contact with one another.

## What is the purpose?

Both Supervised Visits and Supervised Exchanges are designed to assure that a child can have safe contact with an absent parent without having to be put in the middle of the parents' conflicts or other problems. It is the child's need that is paramount in making any decisions regarding the need for such supervision. However, there are also some significant benefits to parents. It is our hope that no one will look upon supervised visitation or exchange as a negative or stigmatized service. It is a tool that can help families as they go through difficult and/or transitional times. Some of the benefits for the various family members are as follows:

### For the children:

- It allows the children to maintain a relationship with both of their parents, something that is generally found to be an important factor in the positive adjustment to family dissolution.
- It allows them to anticipate the visits without stress of worrying about what is going to happen and to enjoy them in a safe, comfortable environment without having to be put in the middle of their parents' conflict and/or other problems

### For the custodial parents:

- You do not have to communicate or have contact with a person with whom you are in conflict or by whom you might be frightened or intimidated. The arrangements can be made by a neutral party (the visit supervisor) and there does not have to be contact before, during, or after the visits.
- You can relax and feel comfortable allowing your child to have contact with the other parent-and can get some valuable time to yourself.

### For the non-custodial parents:

- You can be sure that your contact with your children does not have to be interrupted regardless of any personal or interpersonal problems you may be having.
- If allegations have been made against you, which is often the case when supervision is ordered, you can visit without fear of any new accusations because there is someone present who can verify what happened during your time together. When using a professional service, you can also be assured that the supervisors are neutral and objective.



## Scheduling Visits

The focus you select should have clear written procedures about how visits are scheduled and canceled as well as the times and days the services are available. If your court order specifies times and days different from what is available, the FCCTF is not obligated to change its operations accordingly. In any case, it is important that you follow the procedures of the service provider if you are to obtain their services.

Once the visits are scheduled, you should honor them in a consistent manner. It may be inconvenient at times, but they are important to the children and frequent cancellations by either party are damaging not only to the relationship but to the child's self esteem.

## Having Successful Visits

The Service Provider can provide parents and guardians with information and help in assuring that the children have safe, comfortable, and satisfying visits. Following the rules and guidelines of the service is the first key to this. Custodial parent/guardians should be positive and encourage the children to enjoy their visit. After the visit, they should be willing to listen if the children want to talk about the visit, but should never pump the child for information. The visiting party should come prepared to have a good time within the limits set by the service provider. Children are looking for demonstrations of love and acceptance; the other factors are not as important to them.

**Remember**, this is about the children and their needs. It may require some sacrifices on the part of the adults involved. Think about it from your child's point of view, he/she loves you both!

