

**Knox County**

Parent Education & Family Services  
Phone: 207-594-1980

**Oxford County**

Community Concepts, Inc.  
Phone: 207-739-6366

**Penobscot/ Piscataquis Counties**

Penquis Community Action Program/ PATT  
Phone: 207-973-3579

**Somerset County**

KVCAP Healthy Families  
Phone: 207-859-1577 fax: 207-873-0158

**Waldo County**

University of Maine Cooperative Extension  
Parents Are Teachers, Too  
Phone: 207-342-5971

**Washington County**

Family First: Parents Are Teachers, Too  
Down East Community Hospital  
Phone: 207-255-0438

**York County**

Alliance for Healthy Families,  
Goodall Hospital  
Phone: 207-490-7329

*When we strengthen families, we ultimately strengthen the community. Our goal is that parents everywhere work with supportive providers, feel confident in their parenting role, and form strong, resilient attachments with their children. To help achieve this, providers must be responsive to parents, knowledgeable about child development, and eager to see every parent succeed."*

- T. Berry Brazelton, MD

**Information Request Form**

Please send more information to:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

The Franklin County Children's Task Force is a not-for profit corporation committed to strengthening families and preventing child abuse and neglect through mobilizing community resources and advocating for and providing services that promote healthy children and families.



**Franklin County  
Children's Task Force**

113 Church Street  
Farmington, Me 04938  
Phone: 207-778-6960  
Toll Free: 1(888)429-6960  
FAX: 207-779-1029  
WEB: [www.fcctf.org](http://www.fcctf.org)

**GROWING  
HEALTHY  
FAMILIES**



**Promoting Healthy  
Family Care and  
Relationships...**

From prenatal  
months through  
early childhood

A program of the  
Franklin County Children's  
Task Force

## Growing Healthy Families

If you or your partner are a first-time parent or parent-to-be, the home visit services may help you learn to:

- care for your baby and yourselves
- understand changes as your baby develops
- use community resources
- calm a crying baby
- create a safe environment for your baby
- seek medical care when needed
- understand your child's needs

## How do the programs work?

A home visitor meets with you in your home to talk with you about your interests and needs as parents. During the first meeting, the parent educator talks about what services will be available to you. If you decide to become part of the Home Visitation program, you may be offered books, educational materials, videos and other tools that may be borrowed for use with your child and family.

## What do I need to do during a home visit?

It's easy! Have your questions on hand and be ready to share your experiences about parenting and ask us what might be helpful to you.

## What will the home visitor discuss with me?

Depending on your needs the home visitor may discuss the following:

- baby and child health care
- breastfeeding/formula feeding
- Nutrition
- Immunizations
- child growth and development
- child safety
- household safety
- childhood lead poisoning and prevention
- Pregnancy
- WIC
- any concerns you might have

## What else will the home visitor do?

- bring you free educational information to read
- talk to you about upcoming well-child visits and immunizations
- help you watch for developmental milestones
- inform you about and connect you with programs which offer help to parents

## Find a Program Near You:

### Androscoggin County

Healthy Families Androscoggin  
Phone: 207-783-3990 fax 207-783-9402

### Aroostook County

Aroostook Council for Healthy Families  
Phone: 207-532-7405 fax: 207- 532-9250

### Cumberland County

Healthy Families Partnership,  
Phone: (207) 854-2268

### City of Portland /HHS Dept., Public Health Division

Reiche Health Station  
Lisa Belanger - 874-8476,  
Lynn Holaday - 874-8475,

### Franklin County

Franklin County Children's Task Force  
Phone: 207-778-6960

### Hancock County

Hancock County Parents Are Teachers, Too  
Downeast Health Services, Inc.  
Phone: 667-5304 (x-225)

### Kennebec/Somerset Counties

KVCAP Healthy Families  
Phone: 207-859-1577 fax: 207-873-0158

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Phone: 207-594-1980